

MyDiversePatients.com

A website to support your diverse patients



Treating everyone the same is a value we have all grown up with. But the challenge is that not everyone is the same — and these differences can lead to critical disparities in how our patients receive their care. That is why we want to introduce you and your staff to **MyDiversePatients.com**, which has educational resources you can use to help address these disparities.

MyDiversePatients.com features resources to help you address diversity challenges in health care, such as:

- Continuing medical education experiences about disparities, potential contributing factors and opportunities for providers to enhance care.
- Real life stories about diverse patients and the unique challenges they face.
- Tips and techniques for working with diverse patients to promote improvement in health outcomes.

While there is no single easy answer to the issue of health care disparities, the vision of **MyDiversePatients.com** is to start reversing these trends one patient at a time.

In the United States:

- About three times more African Americans die from hypertension than their White counterparts.¹
- Black women with a Master's degree have a higher infant mortality rate than White women who did not finish high school.²
- Hispanics are 51% more likely to have diabetes-related deaths than the general population.³
- LGBT youth are up to three times more likely to attempt suicide than their non-LGBT counterparts.⁴

Footnotes:

- 1 American Heart Association. (2010). Heart Disease and Stroke Statistics – A 2010 Update. pp 116-117. DOI: 10.1161/CIRCULATIONAHA.109.192667. Retrieved from <http://circ.ahajournals.org/content/circulationaha/121/7/e46.full.pdf?download=true>
- 2 Center for Disease Control and Prevention. (2017). CDC Wonder. Retrieved from <https://wonder.cdc.gov/welcomet.html>
- 3 Center for Disease Control and Prevention. (2015, May 8). Vital Signs: Leading Causes of Death, Prevalence of Diseases and Risk Factors, and Use of Health Services Among Hispanics in the United States — 2009–2013. *Morbidity and Mortality Weekly Report (MMWR)*. Vol. 64(17); 469-478. Retrieved from https://www.cdc.gov/mmwr/preview/mmwrhtml/mm6417a5.htm?s_cid=mm6417a5_w
- 4 Center for Disease Control and Prevention. (2016, Aug 12). Sexual Identity, Sex of Sexual Contacts, and Health-Related Behaviors Among Students in Grades 9–12 — United States and Selected Sites, 2015. *Morbidity and Mortality Weekly Report (MMWR)*. Vol. 65 No. 9. Retrieved from <https://www.cdc.gov/mmwr/volumes/65/ss/pdfs/ss6509.pdf>



MyDiversePatients.com

Visit **MyDiversePatients.com** today to sharpen your knowledge, skills, ideals, strategies and techniques and provide an even higher quality of care to your diverse patients.



Moving Toward Equity in Asthma Care

Find out about asthma care disparities and what may contribute to them.



Medication Adherence

It's challenging when a patient doesn't follow your prescribed treatment plan. Take a moment to see what could be occurring.



Creating an LGBT-Friendly Practice

What you may not know about your LGBT patients may be putting their health at risk.



Understanding Sex, Gender, & Sexuality

Take a moment to review our guide to understanding your transgender patients.



<https://provider.healthybluenc.com>

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